



1702 Home Rd.
Corpus Christi, TX 78416
361-826-1564

Nueces County Resources/ Recursos para el Condado de Nueces

ADULT DAY CARE AND HEALTH CENTERS/ CUIDADO DIARIO PARA ADULTOS Y CENTROS DE SALUD

Arbor Adult Day Care, Inc.

1701 Morgan Ave. Corpus Christi, TX 78404..... 361-879-0000

Corpus Christi Adult Day Care, Ltd.

2020 Gollihar Rd. Corpus Christi, TX 78416..... 361-855-5050

La Mansion Adult Day Care

210 N Upshaw Blvd. Robstown, TX 78380..... 361-387-7474

National Adult Day Care Inc.

619 S. Staples St. Corpus Christi, TX 78401..... 361-888-6232

Texas Adult Day Care Center

3529 Morgan St. Corpus Christi, TX 78405..... 361-881-8717

TLC Adult Day Care Center

4410 Dillon Lane, Ste #51 Corpus Christi, TX 78415..... 361-855-6491

ASSESSMENT AND REFERRALS/ DETERMINACIONES Y REFERIDOS

Area Agency on Aging of the Coastal Bend

2910 Leopard St. Corpus Christi, TX 78408..... 361-883-3935
www.aaacoastalbend.org 800-817-5743

Nueces County Senior Citizens Association c/o Greenwood Senior Center

4040 Greenwood Corpus Christi, TX 78416..... 361-826-1368

Texas Health Information, Counseling and Advocacy Program..... 800-622-2520

**EDUCATION AND SUPPORT SERVICES/
EDUCACION Y SERVICIOS DE SOPORTE**

2-1-1 Texas Helpline

www.211texas.org..... 211
877-541-7905

American Diabetes Association Corpus Christi Chapter

www.diabetes.org..... 361-850-8778

American Parkinson Disease Association

www.apdaparkinson.org..... 800-223-2732

National Parkinson Foundation

www.parkinson.org..... 800-473-4636

City of Corpus Christi Senior Community Services

www.cctexas.com/services/general-government/senior-services..... 361-826-3150

Eldercare Locator

www.eldercare.gov..... 800-677-1116

Catholic Charities First Call for Help

www.catholiccharities-cc.org/first-call..... 361-884-0651

Senior Companions (City of Corpus Christi)

www.nationalservice.gov/seniorcorpus..... 361-826-3154

Coastal Bend Aging and Disability Resource Center

www.coastalbendadrc.org..... 361-883-3935
800-252-9240

Corpus Christi Literacy Council

www.ccliteracy.org..... 361-826-7086

Coastal Bend Center for Independent Living

www.cbcil.org..... 361-883-8461
877-988-1999

National Family Caregiver Support Program

www.aacoastalbend.org/programs/family-caregiver..... 361-883-3935
800-817-5743

Family Caregiver Council
www.familycaregivercouncil.com

Senior Community Service Employment Program (SCSEP)
www.aarpworksearch.org..... 361-879-0076

VA Texas Valley Coastal Bend Health Care System
www.texasvalley.va.gov..... 855-864-0516

Defense and Veterans Brain Injury Center
www.dvbic.org..... 210-916-6086

Workforce Solutions of the Coastal Bend
www.workforcesolutionscb.org..... 361-882-7491
888-860-JOBS
(5627)

First United Methodist Church www.ccfumc.com/senioradults 361-884-0391
Assistance and programs for seniors.

**MEDICARE / MEDICAID: IN HOME SERVICES/
SERVICIOS EN LA CASA**

Health and Human Services (HHS)
www.hhs.texas.gov..... 800-252-9240

**NUTRITION/
NUTRICION**

Home Delivered Meals:

Meals on Wheels Nueces County (City) 361-826-4120
Meals on Wheels Port Aransas 361-749-4111

Rural Areas/Nueces County Community Center..... 361-387-6396

Nutrition Services:

Corpus Christi-Nueces County Public Health District

Healthy Foods, Healthy Families Nutrition Classes
www.cctexas.com/departments/health-district..... 361-826-7220

SNAP- Simplified Nutritional Assistance Program..... 800-448-3927

**LEGAL AID/
AYUDA LEGAL**

Legal Hotline for Older Texans

www.tlsc.org..... 800-622-2520

Texas Rio Grande Legal Aid

www.trla.org..... 361-888-0282
888-988-9996

**TRANSPORTATION/
TRANSPORTACION**

Medical (Medicaid) Transportation Program..... 877-633-8747
(Medical care transportation for people receiving Medicaid)

RTA B-Line Paratransit Service..... 361-289-5881
(transportation for people with disabilities)

Area Agency On Aging of the Coastal Bend Transportation

2910 Leopard St. Corpus Christi, TX 78408..... 361-883-3935
www.aacoastalbend.org/programs/transportation 800-817-5743

**MENTAL HEALTH/
SALUD MENTAL**

Nueces Center for Mental Health and Intellectual Disabilities

(MHID) www.ncmhid.org
1630 S. Brownlee Corpus Christi, TX 78404..... 361-886-6900

Mental Health Association of TX..... 512-454-3706

Bayview Behavioral Hospital

6629 Wooldridge Rd Corpus Christi, TX 78414..... 361-986-8200

Spohn Behavioral Medicine Network (Memorial)

2606 Hospital Blvd..... 1-888-767-4493

National Suicide Prevention Hotline..... 1-800-273-8255

Texas Adult Protective Services (APS) and Elder Abuse Hotline..... 1-800-252-5400
or call 911

Veterans Crisis Line

www.veteranscrisisline.net..... 800-273-8255

**GRIEF COUNSELING RESOURCES/
RECURSOS DE TERAPIA DE DOLOR**

CHRISTUS Spohn Hospice..... 361-994-3450
CHRISTUS Spohn Hospice provides grief support services and community education on advance directives, end-of-life issues and grief. Grief support is available free of charge.

**ALZHEIMER’S SUPPORT RESOURCES/
RECURSOS DE SOPORTE PARA ALZHEIMER’S**

Alzheimer’s Association

www.alz.org..... 800-272-3900
Research, information, support, and awareness for individuals, families and caregivers.

The Alzheimer's Store

www.alzstore.com..... 800-752-3238
Links to products that can assist caregivers in the daily management of their loved one with Alzheimer's disease and other related dementias.

Alzheimer's Foundation of America

www.alzfdn.org..... 866-232-8484
Support, services and education to individuals, families and caregivers.

Alzheimer's Disease Education and Referral (ADEAR)

www.nia.nih.gov/health/about-adear-center..... 800-438-4380
Free information and publications, referrals to local support services, research and clinical trials information.

Texas Face to Face

www.texasfacetoface.com..... 361-238-7777
Alzheimer’s education and support, memory screenings, and resources.

“A Better Visit” app

www.bit.ly/abettervisit
Free app for iPad which aims to assist in the creation of enjoyable shared experiences for people living with dementia and their visitors (anyone of their support network) through a collection of small games designed to be played together. The games emphasize content creation and positive

feedback through familiar activities, sounds and visuals to stimulate memories and spark social interaction.

**STROKE SUPPORT
RESOURCES/ RECURSOS DE SOPORTE PARA ATAQUE CEREBRAL**

Stroke & Brain Injury Support Group..... 361-881-3000
The Stroke & Brain Injury Support Group is a monthly support group for ext. 14415
families, caregivers, and persons who have survived strokes.

Corpus Christi Stroke Club..... 361-761-5017
Support group for families, caregivers, and persons who have survived
strokes.

American Stroke Association – Stroke Family Warmline
www.strokeassociation.org..... 888-4-STROKE
The Stroke Family Warmline connects stroke survivors and their families (888-478-7653)
with an ASA team member who can provide support, helpful information
on treatment and recovery, or just a listening ear. You can also get the
latest news about research on stroke.

National Stroke Association
www.stroke.org..... 800-STROKES
The National Stroke Association provides information about stroke (787-6537)
recovery and resources for caregivers. There is also an online store with
additional educational materials about stroke.

**MISCELLANEOUS/
MISCELÁNEO**

Super Ear
www.sonictechnologyproducts.com..... 800-247-5548
Personal sound amplifiers

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