

# Nueces County Resources/ Recursos para el Condado de Nueces

## ADULT DAY CARE AND HEALTH CENTERS/ CUIDADO DIARIO PARA ADULTOS Y CENTROS DE SALUD

|   |              |
|---|--------------|
| <b>Arbor Adult Day Care, Inc.</b>                       |              |
| 1701 Morgan Ave. Corpus Christi, TX 78404.....          | 361-879-0000 |
| <br>  |              |
| <b>Corpus Christi Adult Day Care, Ltd.</b>              |              |
| 2020 Gollihar Rd. Corpus Christi, TX 78416.....         | 361-855-5050 |
| <br>  |              |
| <b>La Mansion Adult Day Care</b>                        |              |
| 210 N Upshaw Blvd. Robstown, TX 78380.....              | 361-387-7474 |
| <br>  |              |
| <b>National Adult Day Care Inc.</b>                     |              |
| 619 S. Staples St. Corpus Christi, TX 78401.....        | 361-888-6232 |
| <br>  |              |
| <b>Texas Adult Day Care Center</b>                      |              |
| 3529 Morgan St. Corpus Christi, TX 78405.....           | 361-881-8717 |
| <br>  |              |
| <b>TLC Adult Day Care Center</b>                        |              |
| 4410 Dillon Lane, Ste #51 Corpus Christi, TX 78415..... | 361-855-6491 |

## ASSESSMENT AND REFERRALS/ DETERMINACIONES Y REFERIDOS

|  |                     |
|--|---------------------|
| <b>Area Agency On Aging of the Coastal Bend</b>                              |                     |
| 2910 Leopard St. Corpus Christi, TX 78408.....                               | 361-883-3935        |
| www.aaacoastalbend.org   | 800-817-5743        |
| <br>   |                     |
| <b>Nueces County Senior Citizens Association c/o Greenwood Senior Center</b> |                     |
| 4040 Greenwood Corpus Christi, TX 78416.....                                 | 361-826-1368        |
| <br>   |                     |
| <b>Texas Health Information, Counseling and Advocacy Program.....</b>        | <b>800-622-2520</b> |

## EDUCATION AND SUPPORT/ EDUCACION Y SOPORTE

|   |                     |
|---|---------------------|
| <b>2-1-1 Texas Helpline</b>                                 |                     |
| www.211texas.org.....                                       | 211<br>877-541-7905 |
| <br>  |                     |
| <b>American Diabetes Association Corpus Christi Chapter</b> |                     |
| www.diabetes.org.....                                       | 361-850-8778        |

|   |                              |
|---|------------------------------|
| <b>American Parkinson Disease Association</b><br>www.apdaparkinson.org.....   | 800-223-2732                 |
| <b>National Parkinson Foundation</b><br>www.parkinson.org.....  | 800-473-4636                 |
| <b>City of Corpus Christi Senior Community Services</b><br>www.cctexas.com/services/general-government/senior-services..... | 361-826-3150                 |
| <b>Eldercare Locator</b><br>www.eldercare.gov.....  | 800-677-1116                 |
| <b>Catholic Charities First Call for Help</b><br>www.catholiccharities-cc.org/first-call.....                               | 361-884-0651                 |
| <b>Senior Companions (City of Corpus Christi)</b><br>www.nationalservice.gov/seniorcorpus.....                              | 361-826-3154                 |
| <b>Coastal Bend Aging and Disability Resource Center</b><br>www.coastalbendadrc.org.....                                    | 361-883-3935<br>800-252-9240 |
| <b>Corpus Christi Literacy Council</b><br>www.ccliteracy.org.....   | 361-826-7086                 |
| <b>Coastal Bend Center for Independent Living</b><br>www.cbcil.org.....   | 361-883-8461<br>877-988-1999 |
| <b>National Family Caregiver Support Program</b><br>www.aacoastalbend.org/programs/family-caregiver.....                    | 361-883-3935<br>800-817-5743 |
| <b>Senior Community Service Employment Program (SCSEP)</b><br>www.aarpworksearch.org.....                                   | 361-879-0076                 |
| <b>VA Texas Valley Coastal Bend Health Care System</b><br>www.texasvalley.va.gov.....                                       | 855-864-0516                 |
| <b>Defense and Veterans Brain Injury Center</b><br>www.dvbic.org.....   | 210-916-6086                 |

**Workforce Solutions of the Coastal Bend**

www.workforcesolutionscb.org..... 361-882-7491  
888-860-JOBS  
(5627)

**MEDICARE / MEDICAID: IN HOME SERVICES/  
SERVICIOS EN LA CASA**

**Health and Human Services (HHS)**

www.hhs.texas.gov..... 800-252-9240

**NUTRITION/  
NUTRICION**

**Home Delivered Meals:**

Meals on Wheels Nueces County (City) ..... 361-826-4120

Meals on Wheels Port Aransas ..... 361- 749-4111

**Rural Areas/Nueces County Community Center..... 361-387-6396**

**Nutrition Services:**

**Corpus Christi-Nueces County Public Health District**

Healthy Foods, Healthy Families Nutrition Classes

www.cctexas.com/departments/health-district..... 361-826-7220

**SNAP- Simplified Nutritional Assistance Program..... 800-448-3927**

**LEGAL AID/  
AYUDA LEGAL**

**Legal Hotline for Older Texans**

www.tlsc.org..... 800-622-2520

**Texas Rio Grande Legal Aid**

www.trla.org..... 361-888-0282  
888-988-9996

**TRANSPORTATION/  
TRANSPORTACION**

**Medical (Medicaid) Transportation Program..... 877-633-8747**  
(Medical care transportation for people receiving Medicaid)

**RTA B-Line Paratransit Service..... 361-289-5881**  
(transportation for people with disabilities)

**Area Agency On Aging of the Coastal Bend Transportation**

2910 Leopard St. Corpus Christi, TX 78408..... 361-883-3935  
www.aaacoastalbend.org/programs/transportation 800-817-5743

**MENTAL HEALTH/  
SALUD MENTAL**

**Mental Health/Mental Retardation (MHMR) of Nueces County**

1630 S. Brownlee Corpus Christi, TX 78404..... 361-886-6900

**Mental Health Association of TX..... 512-454-3706**

**Bayview Behavioral Hospital**

6629 Wooldridge Rd Corpus Christi, TX 78414..... 361-986-8200

**Spohn Behavioral Medicine Network (Memorial)**

2606 Hospital Blvd..... 1-888-767-4493

**National Suicide Prevention Hotline..... 1-800-273-8255**

**Texas Adult Protective Services (APS) and Elder Abuse Hotline..... 1-800-252-5400  
or call 911**

**Veterans Crisis Line**

www.veteranscrisisline.net..... 800-273-8255

**GRIEF COUNSELING  
RESOURCES**

**CHRISTUS Spohn Hospice..... 361-994-3450**

CHRISTUS Spohn Hospice provides grief support services and community education on advance directives, end-of-life issues and grief. Grief support is available free of charge.

**ALZHEIMER’S SUPPORT  
RESOURCES**

**Alzheimer’s Association**

www.alz.org..... 800-272-3900

Research, information, support, and awareness for individuals, families and caregivers.

**The Alzheimer's Store**

www.alzstore.com..... 800-752-3238

Links to products that can assist caregivers in the daily management of their loved one with Alzheimer's disease and other related dementias.

**Alzheimer's Foundation of America**

www.alzfdn.org..... 866-232-8484  
Support, services and education to individuals, families and caregivers.

**Alzheimer's Disease Education and Referral (ADEAR)**

www.nia.nih.gov/health/about-adear-center..... 800-438-4380  
Free information and publications, referrals to local support services,  
research and clinical trials information.

**Texas Face to Face**

www.texasfacetoface.com..... 361-238-7777  
Alzheimer’s education and support, memory screenings, and resources.

**STROKE SUPPORT  
RESOURCES**

**Stroke & Brain Injury Support Group**..... 361-881-3000  
The Stroke & Brain Injury Support Group is a monthly support group for  
families, caregivers, and persons who have survived strokes. Meets 2nd  
Wednesday of every month at the solarium on the (CHRISTUS Spohn  
Shoreline) inpatient rehab floor from 9:30 to 11 am).  
For more info email: julianne.herrera@christushealth.org. ext. 14415

**Corpus Christi Stroke Club**..... 361-761-1100  
The Corpus Christi Stroke Club group meets the 3rd Thursday of every  
other month (January, March, May, July, September and November) at  
12 pm at Doctor's Regional Medical Center Conference, 3315 South  
Alameda, Corpus Christi, TX 78411

**American Stroke Association – Stroke Family Warmline**

www.strokeassociation.org..... 888-4-STROKE  
The Stroke Family Warmline connects stroke survivors and their families (478-7653)  
with an ASA team member who can provide support, helpful information  
on treatment and recovery, or just a listening ear. You can also get the  
latest news about research on stroke.

**National Stroke Association**

www.stroke.org..... 800-STROKES  
The National Stroke Association provides information about stroke (787-6537)  
recovery and resources for caregivers. There is also an online store with  
additional educational materials about stroke.